

yoshinkan aikido introduction to pdf

Aikido was created by Morihei Ueshiba (1883–1989), referred to by some aikido practitioners as Ōsensei (Great Teacher). The term aikido was coined in the twentieth century. Ueshiba envisioned aikido not only as the synthesis of his martial training, but as an expression of his personal philosophy of universal peace and reconciliation.

Aikido - Wikipedia

Shodokan Aikido (Shōdōkan Aikidō) is the style of Aikido founded in 1967 by Kenji Tomiki (Tomiki Kenji, 1900–1979). Shodokan Aikido is sometimes referred to as "Sport Aikido" because of its use of regular competitions, the style also may be referred to as "Tomiki Aikido".

Shodokan Aikido - Wikipedia

Die Ausführung der Techniken im Aikido basieren auf Bewegungen des Schwert- und Stockkampfes. In ihrer Ursprünglichkeit lassen sich alle Techniken des Aikido auf Schneide-, Blockade- und Hebelbewegung mit dem Schwert (Bokken), bzw. dem Stock (Jō) zurückführen.

Aikido - Wikipedia

Le Taijutsu (柔術) que l'on retrouve aussi sous l'appellation Taijitsu, Tai-jitsu ou Tai Jitsu, etc., est un art martial japonais d'origine. Il s'agit d'une ancienne appellation générique aux méthodes de combat à mains nues, parfois connue sous le nom de Koshi no Mawari et d'où est ressorti le concept de Jūjutsu (technique en souplesse). Anciennement, le Taijutsu tout comme le ...

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